

# YONO Willimantic

## Student Information and Release

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ (Month/day)

Town: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency contact: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Previous yoga experience/ goals through yoga:

\_\_\_\_\_

Medical conditions/injuries that may affect your overall yoga experience:

\_\_\_\_\_

I hereby certify that the information is true and complete. I agree that it is my responsibility to not exceed my limits and I have consulted a physician. I hereby waive any claim I may have at any time for injury against Angie Jacques, yoga on north, Take Shape With Angie LLC, home and property being used for yoga, retreats and workshops and any other outdoor facility or studio in which the space is being used for the yoga lesson/retreat. I accept emails from YOga on NOrth & allow video/pictures to be used for social media and marketing material. I have carefully read all information and fully understand and agree to all the above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Under 18 Guardian signature \_\_\_\_\_

**\*\*\*PLEASE READ CAREFULLY AND ACKNOWLEDGE BY SIGNING\*\*\***

COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. YOga on NOrth has put in place preventative measures to reduce the spread of COVID-19; however, it is not guaranteed that you will not become infected with COVID-19.

By signing this agreement, you acknowledge the contagious nature of COVID-19 and voluntarily assume the risk. To prevent and reduce risk of transmission you agree to follow all rules, guidelines, policies and procedures provided by YOga on NOrth. You agree NOT to come to the studio with the following symptoms (including but not limited to): fever, shortness of breath, loss of senses, taste or smell, dry cough, runny nose, sore throat.

Live, on-line zoom classes will continue through the year. If you participate in any on-line class or pre-recorded YouTube video, by signing below you waive any claim against YOga on NOrth, Take Shape with Angie, LLC and all instructors.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Under 18 Guardian signature \_\_\_\_\_